

LMCS Lunch Menu - October 2025



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
29 Corn Dog Tater Tots Cooked Broccoli with Cheese Mandarin Oranges Fresh Fruit Choice (9-12)	30 Chicken Cheese Quesadilla Salsa, Banana Romaine & Tomato Refried Beans Sour Cream (6-12) Canned Fruit Choice (9-12)	1 Cowboy Cavatini Corn Tossed Salad Breadstick Oranges Canned Fruit Choice (9-12)	2 Taco Soup Tortilla Chips Salsa Broccoli Applesauce Fresh Fruit Choice (9-12)	3 Bosco Sticks Tossed Salad Carrot Sticks Apple Slices Canned Fruit Choice (9-12)
6 Cheeseburger on a Bun Romaine & Tomato Sweet Potato Fries Canned Peaches Fresh Fruit Choice (9-12)	7 Hot Dog on a Bun Baked Beans Potato Wedges Banana Canned Fruit Choice (9-12)	8 Chicken Patty on a Bun Potato Smiles Tossed Salad Oranges Canned Fruit Choice (9-12)	9 Crispito Romaine & Tomato Salsa, Corn Cherry Tomatoes Pineapple Canned Fruit Choice (9-12)	10 Deep Dish Pepperoni Pizza Tossed Salad Carrot Sticks Apple Slices Canned Fruit Choice (9-12)
13 Chicken Burger on a Bun Romaine & Tomato Oven Fries Canned Mixed Fruit Fresh Fruit Choice (9-12)	14 Chili Tortilla Chips Carrot Sticks Cinnamon Roll Banana Canned Fruit Choice (9-12)	15 Chicken Nuggets Mashed Potatoes & Gravy Tossed Salad Breadstick Oranges Canned Fruit Choice (9-12)	16 Macaroni & Cheese Meatballs Peas, Carrot Sticks Canned Peaches Breadstick (6-12) Fresh Fruit Choice (9-12)	17 Pizza Crunchers w/ Marinara Fresh Broccoli Cherry Tomatoes Apple Slice Canned Fruit Choice (9-12)
20 Hot Ham & Cheese Potato Wedges Fresh Broccoli Canned Pears Fresh Fruit Choice (9-12)	21 Chicken Patty Mashed Potatoes & Gravy Green Beans Breadstick Banana Canned Fruit Choice (9-12)	22 Lasagna Breadstick w/ Marinara Sauce Tossed Salad, Oranges Chocolate Chip Cookie Canned Fruit Choice (9-12)	23 Taco Burger Romaine & Tomato Refried Beans Salsa, Applesauce Tortilla Chips (6-12) Canned Fruit Choice (9-12)	24 Cheese Boats w/ Marinara Sauce Tossed Salad Cherry Tomatoes Apple Slices Canned Fruit Choice (9-12)
27 Soft Shell Taco Romaine & Tomato Corn Tortilla Chips & Salsa Apple Slices Canned Fruit Choice (9-12)	28 Bosco Sticks w/ Marinara Sauce Fresh Broccoli Tossed Salad Banana Canned Fruit Choice (9-12)	29 Pulled Pork Sandwich Creamy Coleslaw Baked Beans Oranges Canned Fruit Choice (9-12)	30 Bat Chicken Nuggets Potato Smiles Carrot Sticks Scooby Snacks Halloween Sidekick Fresh Fruit Choice (9-12)	31 No School
Sign up in the HS office each day for Salad Bar Entree. Available Monday-Thursday for 6th-12th grade.				
Sign up in the HS office each Friday for Potato Bar Entree. Only available on Friday for 6th-12th grade.				
"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change				
Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.				