

LMCS Bound Registration

For all 7th-12th grade students!

If you have questions or issues, please contact mpeters@lake-mills.org OR
use the green arrow in the bottom corner for Bound Tech Help.



Begin Bound Registration

Use a web-browser (Chrome or Safari) on your phone OR use a laptop to complete registration

Go to our public Bound page

<https://www.gobound.com/ia/schools/lakemills>

Click on the “Registration” tab

Click “Activities”



Create a Bound Family Account

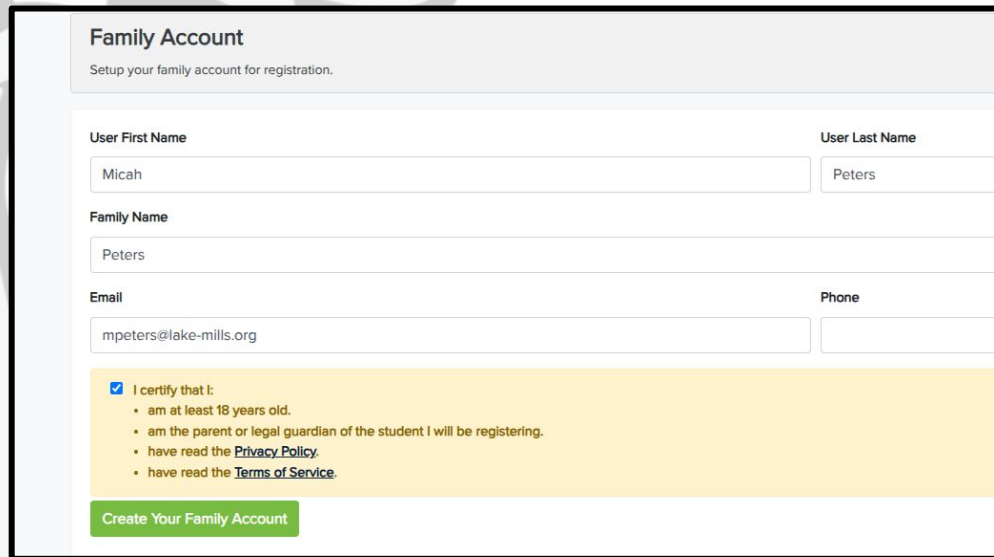
First, you will need to create a Bound family account.

If you have a Bound account, make sure you use the same email address you used beforehand.

If you do not have a Bound account, please create one.

Your screen should look similar to this.

If you run into issues, please use the green Bound arrow in the corner for tech help.

A screenshot of a web form titled "Family Account" with the subtitle "Setup your family account for registration." The form contains several input fields: "User First Name" (with "Micah" entered), "User Last Name" (with "Peters" entered), "Family Name" (with "Peters" entered), "Email" (with "mpeters@lake-mills.org" entered), and "Phone" (empty). Below these fields is a yellow box containing a checked checkbox and the text "I certify that I:" followed by four bullet points: "am at least 18 years old.", "am the parent or legal guardian of the student I will be registering.", "have read the [Privacy Policy](#).", and "have read the [Terms of Service](#).". At the bottom of the form is a green button labeled "Create Your Family Account".

Family Account
Setup your family account for registration.

User First Name: Micah

User Last Name: Peters

Family Name: Peters

Email: mpeters@lake-mills.org

Phone:

☒ I certify that I:

- am at least 18 years old.
- am the parent or legal guardian of the student I will be registering.
- have read the [Privacy Policy](#).
- have read the [Terms of Service](#).

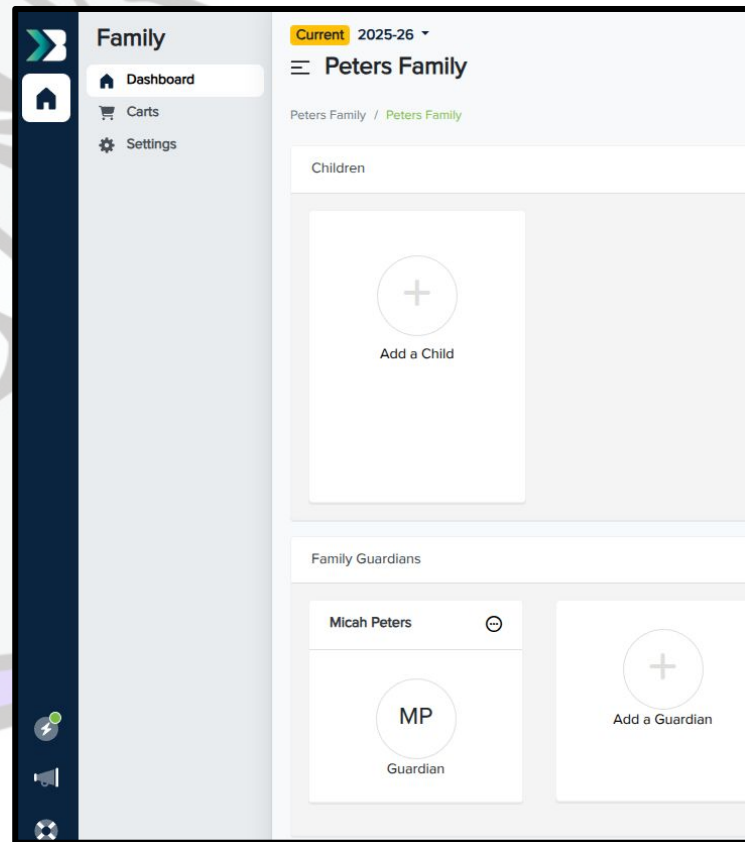
Create Your Family Account

Add a Child to Your Account

Once your family account has been created, you should see a similar screen to this one.

Make sure you are in the correct school year. At the top next to “Current”, it should have the upcoming/current school year listed.

Click “Add a Child” to begin the process of connecting your students to your family account.

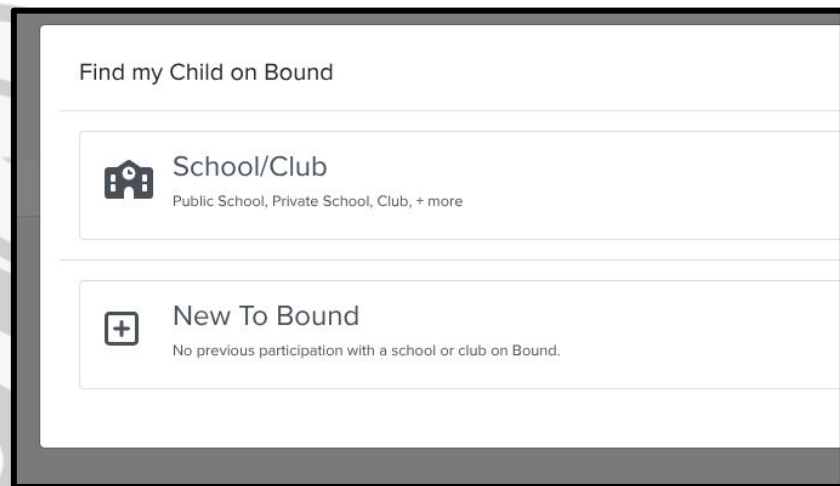


Add a Child to Your Account


When this screen pops up, please select the top option “School/Club”.


The next screen should have “Iowa” and “Lake Mills” pre-selected. Make sure those are correct.

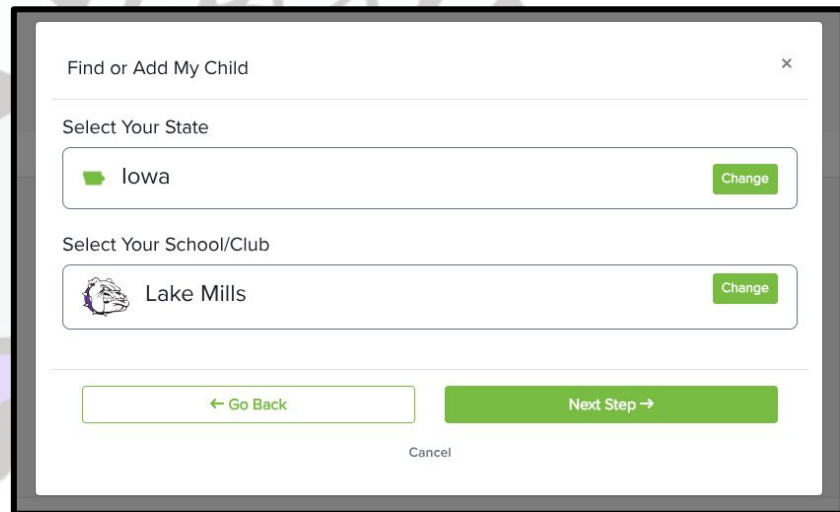
Click “Next Step”.



Find my Child on Bound



 **School/Club**
Public School, Private School, Club, + more

 **New To Bound**
No previous participation with a school or club on Bound.







Find or Add My Child

Select Your State

 Iowa 

Select Your School/Club

 Lake Mills 

Cancel

Add a Child to Your Account

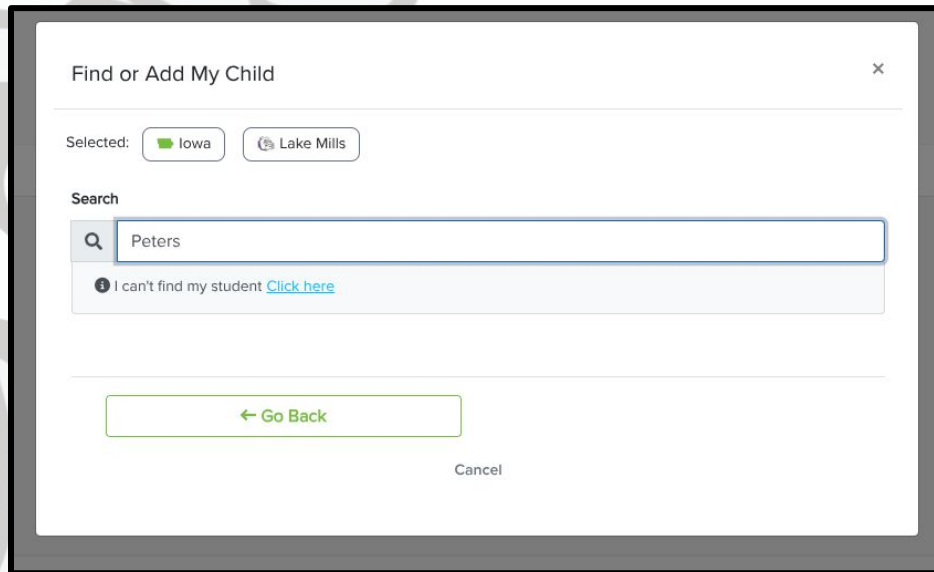
Please search by **LAST NAME**.

Many of our students are already in the system.

If your student is in the system, click on their name.

If searching by last name does not give you your student's name, find where it says "I can't find my student".

Click on that hyperlink "Click Here".



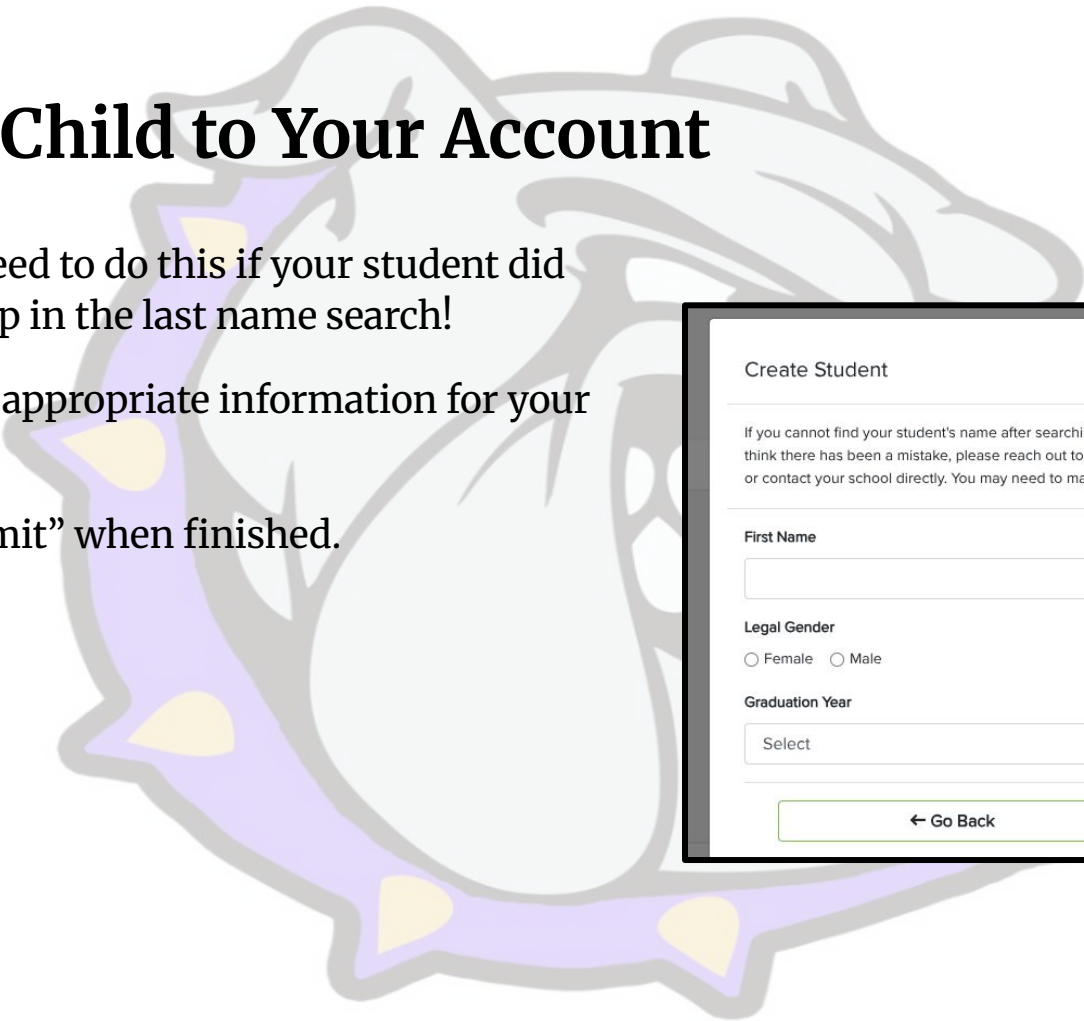
The screenshot shows a web interface titled "Find or Add My Child" with a close button (X) in the top right corner. Below the title, there are two buttons for selection: "Iowa" (with a green location pin icon) and "Lake Mills" (with a blue location pin icon). Under the "Search" heading, there is a search input field containing the text "Peters". Below the search field, a message reads "I can't find my student" followed by a blue hyperlink "Click here". At the bottom of the interface, there is a green button labeled "Go Back" and a "Cancel" link.

Add a Child to Your Account

You only need to do this if your student did not show up in the last name search!

Fill out the appropriate information for your child.

Click “Submit” when finished.



Create Student ×

If you cannot find your student's name after searching, you may need to manually **add** your student to your school. If you think there has been a mistake, please reach out to our support team using the green button in the bottom right corner or contact your school directly. You may need to manually **connect their profile and add them** to your school.

First Name

Last Name

Legal Gender

☐ Female ☐ Male

Graduation Year

Select ▼

← Go Back

Submit

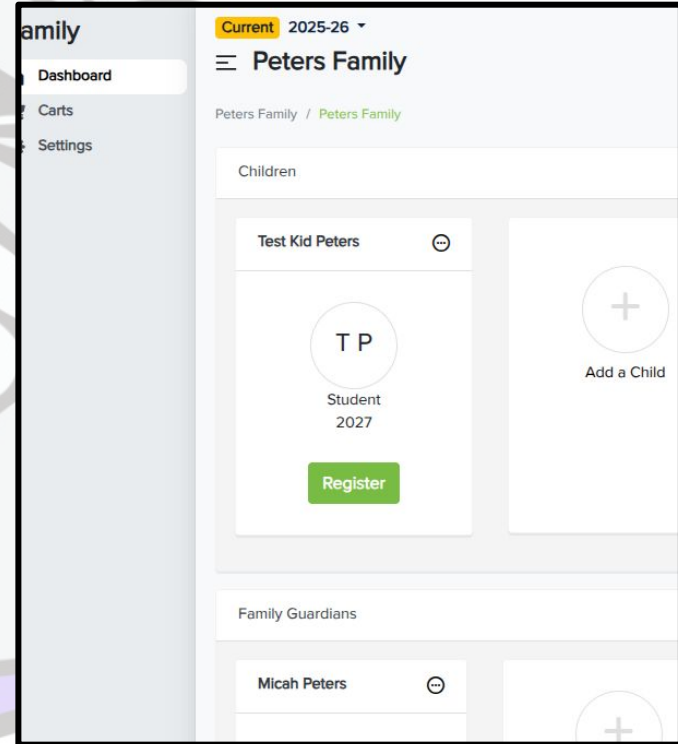
Add a Child to Your Account

Once you click “Submit”, it should take you back to this page.

If you have multiple students in 7th-12th grade, follow these steps again to add another child to your account.

Once all of your children are added, click on the green “Register” button for each to begin the registration process.

FYI - Adding a child to your account is a one-time deal. Next year, you will start on this step because your student will already be in the system.



Registering Your Student

Once you click “Register”, this window will pop up.

Make sure Lake Mills is selected and click the green “Register” button again.

Use the options on the next screen (All, Boys, Girls, Co-Ed) to find the activities your student is interested in participating this year.

Please select MS for middle school students and HS for high school students.

Register Test Kid Peters

Select Your School

Find your school

Q

Enter school name


Suggested Schools

 Lake Mills

Register

Register Test Kid Peters

Selected:

 Lake Mills


Select One or More Activities

All

Boys

Girls

Co-Ed

 **Cheer Registration**

OPEN


Open: Jul 1, 2025

Close: Jan 16, 2026

Choose an Option:

HS Cheer Registration

MS Cheer Registration

 **Girls Basketball Registration**

OPEN

Open: Jul 1, 2025

Close: Jan 16, 2026

Choose an Option:

MS Girls Basketball Registration

HS Girls Basketball Registration

Registering Your Student

Once you have selected the activities, they should turn green.

It will give you the option to “Begin Registration” at the bottom of the screen.

Please remember, this does NOT mean your student is obligated to participate. This is simply to indicate which activities your student is interested in.


Register Test Kid Peters

Selected: Lake Mills

Select One or More Activities

All Boys **Girls** Co-Ed

MS Girls Wrestling Registration HS Girls Wrestling Registration


 **Softball Registration**

OPEN

Open: Jul 1, 2025
Close: May 22, 2026

Choose an Option:

HS (8-12) Softball Registration

 **Volleyball Registration**

OPEN

Open: Jul 1, 2025
Close: Aug 22, 2025

Choose an Option:

HS Volleyball Registration MS Volleyball Registration

Begin Registration

Go Back

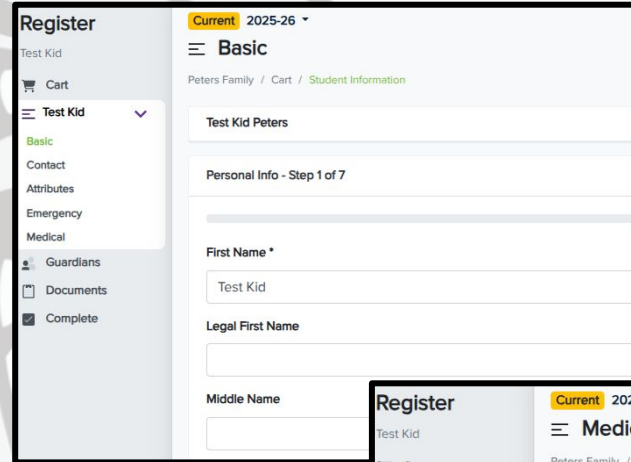
Registration - Student Information

Follow the steps on the screen to fill out basic information, contact information, etc.

Continue with attributes, emergency contact, medical information, etc.

When you get to the “Guardians” screen, please make sure your email address is correct.

If you need to add another parent to this account, this is where you can add them.



Register

Current 2025-26

Test Kid

Basic

Peters Family / Cart / Student Information

Test Kid Peters

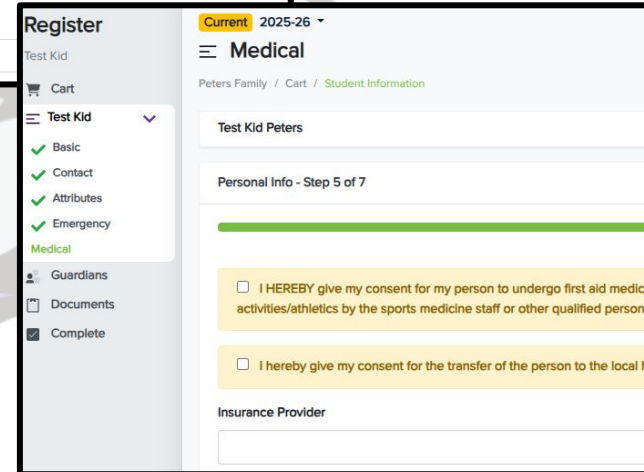
Personal Info - Step 1 of 7

First Name *

Test Kid

Legal First Name

Middle Name



Register

Current 2025-26

Test Kid

Medical

Peters Family / Cart / Student Information

Test Kid Peters

Personal Info - Step 5 of 7

☐ I HEREBY give my consent for my person to undergo first aid medic activities/athletics by the sports medicine staff or other qualified person

☐ I hereby give my consent for the transfer of the person to the local

Insurance Provider

Submitting Documents

Once you get to the “Document” screen, you will need to submit each of the documents on the list.

Click on the green “Submit” button, review the document attached, and electronically sign the document.

For the Sports Physical, please make sure all signatures are complete and correct, then submit a photo of the LAST page of the form. It should be titled “Medical Eligibility Form”.

Register

Test Kid

Cart

Test Kid

Guardians

Documents

Complete

Current 2025-26

Documents

Peters Family / Cart / Documents

Test Kid Peters

Documents - Step 7 of 7

Documents Needed For Registration

Submit Sample Permission to Practice Form REQUIRED

Submit Sample Sport Physical REQUIRED

Submit Sample Volleyball

Signed and Completed Documents

Name

Sample Documents

Medical Eligibility Form

Consent (To be filled out by parent/guardian)

Student Athlete Name: _____ Date of Birth: _____ Date of Examination: _____

I acknowledge and give consent for a copy of this form to be kept in the student's school health record and shared with the school in the event that additional medical information is needed/appropriate. Should my student's health change in any way that would impact information in this form and/or participation, I will inform the school as soon as possible.

☐ I release the full form ☐ I release only page 4*

Signature of Parent or Guardian: _____ Date: _____

*I understand that they may be asked to release additional health information to the school if needed.

Shared Emergency Information (To be filled out by athlete/athlete's caregiver)

Student Athlete's Allergies: _____

Student Athlete's Medications: _____

Emergency Contacts:

Name	Relationship	Contact Information
_____	_____	_____
_____	_____	_____

Participation Eligibility (To be filled out by medical provider)

☐ Medically Eligible for sports without restrictions.

☐ Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of _____

☐ Medically eligible for certain sports: _____

☐ Not medically eligible pending further evaluation _____

☐ Not medically eligible for any sports _____

Additional Recommendations: _____

Known health conditions/history that could impact activities or be important for athlete care: _____

I have examined the student named on this form and completed the preparticipation physical evaluation. A copy of the physical examination findings is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the provider will review the medical eligibility with the parents is reviewed and the potential consequences are completely explained to the athlete (and parents or guardians).

Name of health care professional (print): _____ Date: _____

Completing Registration

Once all the documents have been signed and submitted, you will see that you are on “Step 7 of 7”

Please double check that you have all of your forms turned in. It will also show you how many days until the sports physical is expired.

Click “Next Step” to finalize registration

Current 2025-26

Documents

Peters Family / Cart / Documents

Test Kid Peters

Documents - Step 7 of 7

Documents Needed For Registration

There are no remaining documents needed for submission.

Signed and Completed Documents

	Name	Signee	Signed
✓	Permission to Practice Form	Micah Peters	7/30/2025 - 10:52 AM
✓	Sport Physical	Micah Peters	7/30/2025 - 10:55 AM 7/3/2025 - 363 Days Left
✓	Volleyball Manual	Micah Peters	7/30/2025 - 10:56 AM

← Go Back

Next Step →

Completing Registration

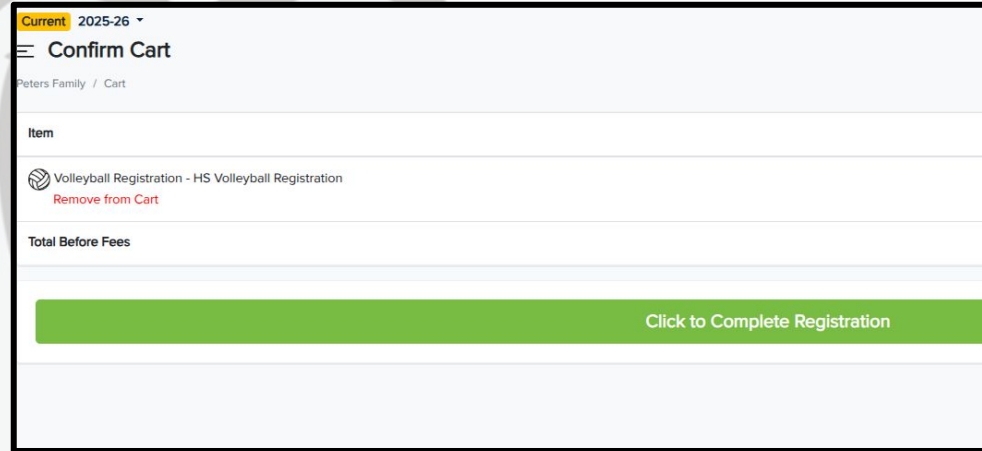
Your final screen will look something like this.

Each of the sports your student has registered for should be listed.

Once you have reviewed all of that, click the green bar “Click to Complete Registration”

Repeat this process for the rest of your students.

Feel free to email mpeters@lake-mills.org to confirm your student's registration.



The screenshot shows a web interface titled "Confirm Cart" with a dropdown menu set to "Current" and "2025-26". Below the title, it says "Peters Family / Cart". There is a table with one item: "Volleyball Registration - HS Volleyball Registration" with a "Remove from Cart" link. Below the table, it says "Total Before Fees". At the bottom, there is a prominent green button labeled "Click to Complete Registration".

Item
Volleyball Registration - HS Volleyball Registration Remove from Cart

Total Before Fees

[Click to Complete Registration](#)



Thank you for being patient through this new process, and thank you for your continued support of LMCS Athletics!

If you haven't already, check out our updated [LMCS Athletics](#) page on the school website.

If you have questions or issues, email mpeters@lake-mills.org