

LMCS Lunch Menu - May



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
28 Cheeseburger on a Bun Romaine & Tomato Carrot Sticks Oven Fries Diced Peaches Fresh Fruit Choice (9-12)	29 Chicken Drummies Mashed Potatoes & Gravy Garlic Breadstick Tossed Salad Banana Canned Fruit Choice (9-12)	30 Macaroni & Cheese Meatballs Peas, Oranges Carrot Sticks Cinnamon Roll Canned Fruit Choice (9-12)	1 Hot Ham & Cheese Potato Wedges Baked Beans Canned Applesauce Fresh Fruit Choice (9-12)	2 Pizza Crunchers Marinara Sauce Cup Sugar Snap Peas Cherry Tomatoes Apple Slices Canned Fruit Choice (9-12)
5 Walking Tacos Romaine & Tomato Corn Tropical Fruit Churro Crackers (9-12) Fresh Fruit Choice (9-12)	6 Beef Philly Wrap Seasoned Brown Rice Romaine Lettuce Carrot Sticks, Banana Cooked Pepper & Onion Blend Canned Fruit Choice (9-12)	7 Pulled Pork on a Bun Creamy Coleslaw Baked Beans Oranges Canned Fruit Choice (9-12)	8 Orange Chicken Seasoned Brown Rice Asian Fresh Vegetables Grape Tomatoes, Celery Sticks Pineapple Fresh Fruit Choice (9-12)	9 Garlic Cheese Boats w/ Marinara Cup Tossed Salad Carrot Sticks Apple Slices Canned Fruit Choice (9-12)
12 Chicken Drummies Mashed Potatoes & Gravy Garlic Breadstick Diced Canned Peaches Fresh Fruit Choice (9-12)	13 Sloppy Joe on a Bun Potato Smilies Baked Beans Banana Canned Fruit Choice (9-12)	14 Chicken Tetrzzini Garlic Breadstick Tossed Salad Peas Oranges Canned Fruit Choice (9-12)	15 Hot Beef Sundae Garlic Breadstick Green Beans Peanut Butter Crunch Bar Applesauce Fresh Fruit Choice (9-12)	16 Cheeseburger on a Bun Romaine & Tomato Tater Tots Carrot Sticks Apple Slices Canned Fruit Choice (9-12)
19 Turkey & Cheese Sub Romaine & Tomato Sweet Potato Fries Tropical Fruit Fresh Fruit Choice (9-11)	20 Burrito Salsa Romaine & Tomato Refried Beans Banana Fresh Fruit Choice (9-11)	21 Toasted Cheese Ravioli Marinara Sauce Cup Goldfish Crackers Tossed Salad Carrot Sticks, Oranges Fresh Fruit Choice (9-11)	22 Country Style Pork Patty Garlic Breadstick Mashed Potatoes & Gravy Cooked Broccoli Canned Pears Fresh Fruit Choice (9-11)	23 Bosco Sticks Marinara Sauce Cup Tossed Salad Cherry Tomatoes Apple Slices Canned Fruit Choice (9-12)
26 NO SCHOOL MEMORIAL DAY	27 Burrito Salsa Romaine & Tomato Refried Beans Banana Fresh Fruit Choice (9-11)	28 Toasted Cheese Ravioli Marinara Sauce Cup Goldfish Crackers Tossed Salad Carrot Sticks, Oranges Fresh Fruit Choice (9-11)	29 Country Style Pork Patty Garlic Breadstick Mashed Potatoes & Gravy Cooked Broccoli Canned Pears Fresh Fruit Choice (9-11)	30 Bosco Sticks Marinara Sauce Cup Tossed Salad Cherry Tomatoes Apple Slices
Sign up in the HS office each day for Salad Bar Entree. Available Monday-Thursday for 6th-12th grade.				
Sign up in the HS office each Friday for Potato Bar Entree. Only available on Friday for 6th-12th grade.				
"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change				
Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.				