

# LMCS Lunch Menu - November 2024



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>4</b></p> <p>Orange Chicken Seasoned Brown Rice California Blend Vegetables Grape Tomatoes Cucumber Slices, Pineapple <b>Fresh Fruit Choice (9-12)</b></p>	<p><b>5</b></p> <p>Crispitos Tossed Salad Salsa Corn Banana <b>Canned Fruit Choice (9-12)</b></p>	<p><b>6</b></p> <p>BBQ Pork on a Bun Creamy Coleslaw Baked Beans Oranges <b>Canned Fruit Choice (9-12)</b></p>	<p><b>7</b></p> <p>Beef &amp; Veggie Wrap Carrot Sticks Canned Diced Pears <b>Apple Crisp (6-12)</b> <b>Fresh Fruit Choice (9-12)</b></p>	<p><b>8</b></p> <p>Garlic Cheese Boat Marinara Sauce Cup Tossed Salad Fresh Broccoli Apple Slices <b>Canned Fruit Choice (9-12)</b></p>
<p><b>11</b></p> <p>Chicken Burger on a Bun Romaine &amp; Tomato Oven Fries Apricot Cup <b>Fresh Fruit Choice (9-12)</b></p>	<p><b>12</b></p> <p>Chicken Tetrazzini Garlic Breadstick Tossed Salad Peas Banana <b>Canned Fruit Choice (9-12)</b></p>	<p><b>13</b></p> <p>Hot Beef Sundae Garlic Breadstick Corn Grapes <b>Blueberry Oat Muffin (6-12)</b> <b>Canned Fruit Choice (9-12)</b></p>	<p><b>14</b></p> <p>Sloppy Joe on a Bun Baked Beans Tater Tots Oranges <b>Canned Fruit Choice (9-12)</b></p>	<p><b>15</b></p> <p>Cheese Pizza Fresh Broccoli Carrot Sticks Apple Slices <b>Fresh Fruit Choice (9-12)</b></p>
<p><b>18</b></p> <p>Turkey &amp; Cheese Sub Sliced Tomato Romaine Lettuce Sweet Potato Fries Peach Cup <b>Fresh Fruit Choice (9-12)</b></p>	<p><b>19</b></p> <p>Chicken Cheese Burrito Romaine &amp; Tomato Refried Beans Banana <b>Tortilla Chips (9-12)</b> <b>Canned Fruit Choice (9-12)</b></p>	<p><b>20</b></p> <p>Stromboli Tossed Salad Carrot Sticks Tropical Fruit Cup <b>Garlic Breadstick (9-12)</b> <b>Fresh Fruit Choice (9-12)</b></p>	<p><b>21</b></p> <p>Country Style Pork Patty Mashed Potatoes &amp; Gravy Steamed Broccoli Oranges <b>Garlic Breadstick (6-12)</b> <b>Canned Fruit Choice (9-12)</b></p>	<p><b>22</b></p> <p>Cheese Bosco Sticks Marinara Sauce Cup Sugar Snap Peas Cherry Tomatoes Apple Slices <b>Canned Fruit Choice (9-12)</b></p>
<p><b>25</b></p> <p>Hot Dog on a Bun Tater Tots Tossed Salad Frozen Fruit Slush <b>Fresh Fruit Choice (9-12)</b></p>	<p><b>26</b></p> <p>Chicken Wrap Spanish Brown Rice Romaine &amp; Tomato Corn, Canned Pineapple Cookie <b>Fresh Fruit Choice (9-12)</b></p>	<p><b>27</b></p> <p><b>NO SCHOOL</b></p>	<p><b>28</b></p> <p><b>NO SCHOOL</b> <b>Happy Thanksgiving!</b></p>	<p><b>29</b></p> <p><b>NO SCHOOL</b></p>

**"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change**

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.