## LMCS Lunch Menu - May 2024

Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Time circles includes a circles o	- Tion fat (navorea or annavorea)	or 170 (armavorea) mina		50 0
Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1	2	3
Chicken Patty	Hot Ham & Cheese	Crispito	Lasagna	Cheese Bosco Sticks
Garlic Breadstick	Potato Wedges	Romaine & Tomato	Garlic Breadstick	Fresh Broccoli
Mashed Potatoes & Gravy	Fresh Broccoli	Refried Beans	w/ Marinara Sauce	Fresh Carrot Sticks
Peas	Banana	Fresh Oranges	Tossed Salad, Apple Slices	Applesauce Cup
Pear Cup		Salsa	Chocolate Chip Cookie	
Fresh Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Fresh Fruit Choice (9-12)
6	7	8	9	10
Turkey & Cheese Sub	Taco Stick	BBQ Chicken on a Bun	Orange Chicken	Garlic Cheese Boats
Romaine & Tomato	Salsa	Creamy Coleslaw	Seasoned Brown Rice	w/ Marinara Cup
Sweet Potato Fries	Tossed Salad	Peas	Asian Fresh Vegetables	Tossed Salad
Apple Slices	Diced Tomato, Banana	Oranges	Grape Tomatoes, Celery Sticks	Fresh Carrot Sticks
	Refried Beans		Pineapple Fruit Cup	Mixed Fruit Cup
Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Fresh Fruit Choice (9-12)
13	14	15	16	17
Hamburger on a bun	Chicken Tetrazzini	Hot Beef Sundae	Sloppy Joe on a Bun	Calzone w/ Marinara Cup
Mashed Potato Smiles	Garlic Bread Stick	Garlic Breadstick	Baked Beans	Tossed Salad
Romaine & Tomato	Tossed Salad	Corn	Oven Wedges	Fresh Carrot Sticks
Applesauce Cup	Peas	Apple Slices	Applesauce Cup	Mandarin Orange Cup
	Banana	Sidekick	Ice Cream Treat	
Fresh Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Fresh Fruit Choice (9-12)	Fresh Fruit Choice (9-12)
20	21	22	23	24
Bean & Cheese Burrito	Country Style Pork Patty	Walking Taco	Pizza Crunchers	Turkey & Cheese Sandwic
Salsa	Potato Smiles	Refried Beans	w/ Marinara Cup	Fresh Carrot Sticks
Romaine & Tomato	California Blend Vegetables	Corn	Sugar Snap Peas	Celery Sticks
Corn	Banana	Oranges	Cherry Tomatoes	Sun Chips
Mixed Fruit Cup	Garlic Breadstick (6-11)	Rice Krispie Bar (9-11)	Fruit Cup	Apple Slices
Fresh Fruit Choice (9-11)	Canned Fruit Choice (9-11)	Canned Fruit Choice (9-11)	Fresh Fruit Choice (9-11)	

## "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

 $Reduced \ fat\ dressing\ is\ served\ with\ salads\ and\ fresh\ vegetables.\ All\ grain\ items\ are\ whole\ grain\ rich.$