LMCS Lunch Menu - March 2024

Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

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Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Turkey & Cheese Sub	BBQ Pork on a Bun	Super Nachos	Orange Chicken	Garlic Cheese Boats
Romaine & Tomato	Creamy Coleslaw	Refried Beans	Seasoned Brown Rice	with Marinara cup
Sweet Potato Fries	Peas	Corn	Asian Fresh Vegetables	Tossed Salad
Apple Slices	Banana	Fresh Oranges	Grape Tomatoes, Celery	Fresh Baby Carrots
		Rice Krispie Bar (9-12)	Pineapple Fruit Cup	Mixed Fruit Cup
Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Fresh Fruit Choice (9-12)
11	12	13	14	15
Hamburger on a Bun	Chicken Tetrazzini	Hot Beef Sundae	Calzone w/ Marinara Cup	
Mashed Potato Smiles	Garlic Breadstick	Garlic Breadstick	Tossed Salad	
Romaine & Tomato	Tossed Salad	Corn	Fresh Baby Carrots	No School
Applesauce Cup	Peas	Apple Slices	Mandarin Orange Cup	Spring Break
	Fresh Banana			
Fresh Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Fresh Fruit Choice (9-12)	
13	14	15	16	17
No School	No School	No School	No School	No School
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
Canned Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Fresh Fruit Choice (9-12)	Fresh Fruit Choice (9-12)	
25	26	27	28	29
Chicken Cheese Burrito	Country Style Pork Patty	Sloppy Joe on a Bun	Stromboli	Pizza Crunchers
Salsa	Mashed Potatoes & Gravy	Baked Beans	Tossed Salad	Marinara Sauce
Romaine & Tomato	California Blend Veggies	Broccoli Littles	Baby Carrots	Fresh Broccoli
Corn	Banana	Applesauce Cup	Fresh Oranges	Cherry Tomatoes
Mixed Fruit Cup	Garlic Breadstick (6-12)	Royal Brownie (6-12)	Garlic Breadstick (9-12)	Apple Slices
Fresh Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Fresh Fruit Choice (9-12)	Canned Fruit Choice (9-12)	Fresh Fruit Choice (9-12

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.