LMCS Lunch Menu - January 2024

Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
	2 Crispitos Salsa Romaine & Diced Tomato Corn Pineapple Cup **Fresh Fruit Choice (9-12)**	**3** Chicken Nuggets Mashed Potatoes & Gravy Garlic Breadstick Peas Fresh Oranges **Canned Fruit Choice (9-12)**	**4** Hot Ham & Cheese Potato Wedges Tossed Salad Mixed Fruit Cup **Fresh Fruit Choice (9-12)**	**5** Bosco Sticks Fresh Broccoli Baby Carrots Apple **Canned Fruit Choice (9-12)**
8 Orange Chicken Seasoned Brown Rice Asian Fresh Veggies Grape Tomato & Celery Pineapple Fruit Cup **Canned Fruit Choice (9-12)**	**9** Chicken & Cheese Quesadilla Refried Beans Corn, Banana **Tortilla Chips (9-12)** **Black Beans Corn Salsa (9-12)** **Canned Fruit Choice (9-12)**	**10** Pork Rib on a Bun Romaine & Tomato Sweet Potato Fries Apple **Canned Fruit Choice (9-12)**	**11** Corn Dog Green Beans Tater Tots Oranges Rice Krispie Bar **Canned Fruit Choice (9-12)**	**12** Garlic Cheese Boats Marinara Cup Tossed Salad Baby Carrots & Fruit Cup **Fresh Fruit Choice (9-12)** **Noon Dismissal**
15 Hamburger on a Bun Mashed Potato Smiles Applesauce Cup Romaine & Tomato **Fresh Fruit Choice (9-12)**	**16** Calzone w/ Marinara Tossed Salad Baby Carrots Banana **Fresh Fruit Choice (9-12)**	**17** Hot Dog on a Bun Tater Tots Baked Beans Tropical Fruit Cup **Fresh Fruit Choice (9-12)**	**18** Chicken Patty Garlic Breadstick Mashed Potatoes & Gravy Green Beans Apple **Canned Fruit Choice (9-12)**	**19** Turkey & Cheese Sub Sweet Potato Fries Broccoli Oranges **Canned Fruit Choice (9-12)**
22 Burrito Salsa Romaine & Tomato Corn Mixed Fruit Cup **Fresh Fruit Choice (9-12)**	**23** Sloppy Joe on a Bun Baked Beans Broccoli Littles Banana **Canned Fruit Choice (9-12)**	**24** Chicken Tetrazzini Garlic Breadstick Tossed Salad Peas Apple **Canned Fruit Choice (9-12)**	**25** Country Style Pork Patty Mashed Potatoes & Gravy Fresh Broccoli Mandarin Orange Cup **Roll & Jelly (6-12)** **Canned Fruit Choice (9-12)**	**26** Pepperoni Pizza Tossed Salad Cherry Tomatoes Pear Cup **Fresh Fruit Choice (9-12)**
29	**30**	**31**		

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.