

# LMCS Lunch Menu - February 2024



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> Pretzel Dog Oven Fries Broccoli with Cheese Apple Slices Canned Fruit Choice (9-12)	<b>30</b> Chicken Wrap Spanish Brown Rice Romaine & Tomato Corn, Banana Chocolate Chip Cookie (9-12) Fresh Fruit Choice (9-12)	<b>31</b> Spaghetti w/ Meat Sauce Garlic Breadstick Tossed Salad Green Beans Mandarin Orange Cup Canned Fruit Choice (9-12)	<b>1</b> Taco Stick Salsa Romaine & Tomato Refried Beans, Oranges Tortilla Chips (9-12) Canned Fruit Choice (9-12)	<b>2</b> Pepperoni Pizza Tossed Salad Grape Tomatoes Applesauce Cup Fresh Fruit Choice (9-12)
<b>5</b> Mini Meatball Sub Ranch Potato Wedges Tossed Salad Pineapple Fruit Cup Fresh Fruit Choice (9-12)	<b>6</b> White Chicken Chili Cornbread Cherry Tomatoes Cucumber Slices Banana Canned Fruit Choice (9-12)	<b>7</b> BBQ Chicken On A Bun Baked Beans Cole Slaw Applesauce Cup Canned Fruit Choice (9-12)	<b>8</b> Biscuits and Gravy Sausage Patty Tater Tots Peas Fresh Oranges Canned Fruit Choice (9-12)	<b>9</b> Garlic Cheese Boat Marinara Sauce Corn Tossed Salad Apple Slices Canned Fruit Choice (9-12)
<b>12</b> Pork Rib on a Bun Romaine & Tomato Sweet Potato Fries Applesauce Cup Fresh Fruit Choice (9-12)	<b>13</b> Cowboy Cavatini Garlic Breadstick Corn Tossed Salad Banana Canned Fruit Choice (9-12)	<b>14</b> Chicken Quesadilla Black Bean and Corn Salsa Refried Beans Apple Slices Tortilla Chips (9-12) Canned Fruit Choice (9-12)	<b>15</b> Taco Soup Tortilla Chips & Salsa Fresh Broccoli Oranges Fresh Fruit Choice (9-12)	<b>16</b> Corn Dog Tater Tots Green Beans Pear Cup Cookie Fresh Fruit Choice (9-12)
<b>19</b> Chicken Burger on a Bun Lettuce Tomato Oven Fries Mandarin Orange Cup Fresh Fruit Choice (9-12)	<b>20</b> Macaroni and Cheese Meatballs Bread & Jelly Peas Baby Carrots, Banana Canned Fruit Choice (9-12)	<b>21</b> Chicken Drumsticks Garlic Breadstick Ranch Mashed Potatoes Corn Apple Slices Canned Fruit Choice (9-12)	<b>22</b> Chili Cherry Tomatoes Mixed Fruit Cup Cinnamon Puff Tortilla Chips (9-12) Canned Fruit Choice (9-12)	<b>23</b> Toasted Turkey and Cheese Tossed Salad Sweet Potato Fries Mixed Fruit Cup Canned Fruit Choice (9-12)
<b>26</b> Taco Burger on a Bun Romaine & Tomato Refried Beans Tropical Fruit Cup Tortilla Chips & Salsa (6-12) Fresh Fruit Choice (9-12)	<b>27</b> Lasagna Garlic Breadstick Marinara Sauce Tossed Salad, Banana Chocolate Chip Cookie Canned Fruit Choice (9-12)	<b>28</b> Chicken Patty Mashed Potatoes & Gravy Green Beans Garlic Breadstick Pear Cup Fresh Fruit Choice (9-12)	<b>29</b> Hot Ham & Cheese Potato Wedges Fresh Broccoli Apple Slices 12:00 Dismissal - Senior Expo	
<b>"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change</b>				
Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.				