

# LMCS Breakfast Menu - September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> Cereal Toast Fruit  Juice Choice Milk Choice	<b>29</b> Breakfast Combo Bar Yogurt Fruit  Juice Choice Milk Choice	<b>30</b> Cereal Uncrustable Fruit  Juice Choice Milk Choice	<b>31</b> Breakfast Pizza Fruit  Juice Choice Milk Choice	<b>1</b> Granola Bar Yogurt Fruit  Juice Choice Milk Choice
<b>4</b>  <b>NO SCHOOL LABOR DAY</b>	<b>5</b> Mini Waffles Sausage Patty Fruit  Juice Choice Milk Choice	<b>6</b> Cereal Donut Fruit  Juice Choice Milk Choice	<b>7</b> Cheddar Cheese Potato Breakfast Bake Muffin Fruit  Juice Choice Milk Choice	<b>8</b> Egg/Cheese Omelet Muffin Fruit  Juice Choice Milk Choice
<b>11</b> Cereal Toast Fruit  Juice Choice Milk Choice	<b>12</b> Breakfast Combo Bar Yogurt Fruit  Juice Choice Milk Choice	<b>13</b> Cereal Uncrustable Fruit  Juice Choice Milk Choice	<b>14</b> Cream Cheese Bagel Bites Fruit  Juice Choice Milk Choice	<b>15</b> Breakfast Combo Link Muffin Fruit  Juice Choice Milk Choice
<b>18</b> Cereal Toast Fruit  Juice Choice Milk Choice	<b>19</b> Egg/Cheese Biscuit Fruit  Juice Choice Milk Choice	<b>20</b> Cereal Donut Fruit  Juice Choice Milk Choice	<b>21</b> Breakfast Pizza Fruit  Juice Choice Milk Choice	<b>22</b> Granola Bar Yogurt Fruit  Juice Choice Milk Choice
<b>25</b> Cereal Toast Fruit  Juice Choice Milk Choice	<b>26</b> Pancake on a Stick Fruit  Juice Choice Milk Choice	<b>27</b> Cereal Uncrustable Fruit  Juice Choice Milk Choice	<b>28</b> Mini Cinnamon Bites Fruit  Juice Choice Milk Choice	<b>29</b> Egg/Cheese Omelet Muffin Fruit  Juice Choice Milk Choice
<b>"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change</b>				
Juice Choice: Apple or Orange		Milk Choice: Skim White Milk or Chocolate Skim Milk		