

# LMCS Lunch Menu - March 2023



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>27</b> Cheddarwurst on a Bun Oven Fries Broccoli w/ Cheese Fresh Apples Canned Fruit Choice (9-12)	<b>28</b> Chicken Wrap Spanish Brown Rice Romaine & Tomato Corn, Fresh Banana Oatmeal Cookie (9-12) Canned Fruit Choice (9-12)	<b>1</b> Spaghetti with Meat Sauce Garlic Breadstick Tossed Salad Green Beans Mandarin Orange Cup Fresh Fruit Choice (9-12)	<b>2</b> Chicken Burger on a Bun Tater Tots Baked Beans Applesauce Cup NOON DISMISSAL	<b>3</b> Pizza Crunchers Tossed Salad Baby Carrots Mixed Fruit Cup Fresh Fruit Choice
<b>6</b> BBQ Chicken on a Bun Baked Beans Creamy Cole Slaw Frozen Peach Cup Fresh Fruit Choice (9-12)	<b>7</b> White Chicken Chili Cornbread Grape Tomatoes Cucumber Slices Fresh Banana Canned Fruit Choice (9-12)	<b>8</b> Mini Meatball Sub Ranch Potato Wedges Tossed Salad Tropical Fruit Cup NOON DISMISSAL	<b>9</b> Biscuits & Gravy Sausage Patty Peas Tri Tater Applesauce Cup Fresh Fruit Choice (9-12)	<b>10</b> Cheese Pizza Fresh Broccoli Fresh Baby Carrots Fresh Apple Canned Fruit Choice (9-12)
<b>13</b> Pork Rib on a Bun Romaine & Tomato Sweet Potato Fries Fresh Apple Canned Fruit Choice (9-12)	<b>14</b> Taco Soup Tortilla Chips & Salsa Fresh Broccoli Fresh Banana Canned Fruit Choice (9-12)	<b>15</b> Cowboy Cavatini Roll & Jelly Corn Tossed Salad Fresh Oranges Fresh Fruit Choice (9-12)	<b>16</b> Corn Dog Green Beans Tater Tots Mixed Fruit Cup Cookie Fresh Fruit Choice (9-12)	<b>17</b>  No School Spring Break
<b>22</b>  No School Spring Break	<b>23</b>  No School Spring Break	<b>24</b>  No School Spring Break	<b>25</b>  No School Spring Break	<b>26</b>  No School Spring Break
<b>27</b> Hamburger on a Bun Romaine & Tomato Oven Fries Pineapple Cup Fresh Fruit Choice (9-12)	<b>28</b> Chili Grape Tomatoes Fresh Banana Cinnamon Puff Tortilla Chips (9-12) Canned Fruit Choice (9-12)	<b>29</b> Chicken Nuggets Roll & Jelly Mashed Potatoes & Gravy Tossed Salad Fresh Oranges Canned Fruit Choice (9-12)	<b>30</b> Macaroni & Cheese Meatballs Peas, Applesauce cup Fresh Broccoli Roll & Jelly (6-12) Fresh Fruit Choice (9-12)	<b>31</b> Garlic Cheese Boats w/ Marinara Sauce Tossed Salad Fresh Baby Carrots Fresh Apple Canned Fruit Choice (9-12)
<b>"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change</b>				
Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.				