

LMCS Lunch Menu - February 2022



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30 Hot Ham & Cheese on a Bun Potato Wedges Fresh Broccoli Mixed Fruit Canned Fruit Choice (9-12)</p>	<p>31 Chicken Patty Roll & Honey/Jelly Mashed Potatos & Gravy Corn Fresh Banana Canned Fruit Choice (9-12)</p>	<p>1 Taco Burger on a Bun Romaine & Tomato Refried Beans Oranges Tortilla Chips & Salsa (6-12) Canned Fruit Choice (9-12)</p>	<p>2 Lasagna Garlic Bread Stick w/ Marinara Tossed Salad Apple Chocolate Chip Cookie Canned Fruit Choice (9-12)</p>	<p>3 Pizza Crunchers Tossed Salad Grape Tomatoes Applesauce cup Fresh Fruit Choice (9-12)</p>
<p>6 Orange Chicken Seasoned Brown Rice Asian Fresh Vegetables Grape Tomatoes/Celery Pineapple Fruit Cup Fresh Fruit Choice (9-12)</p>	<p>7 Walking Taco Romaine & Tomato Salsa Corn Fresh Banana Canned Fruit Choice (9-12)</p>	<p>8 Mini Waffles Tater Tots Sausage Patty Cooked Carrots Tropical Fruit Cup Canned Fruit Choice (9-12)</p>	<p>9 BBQ Pork Sandwich Creamy Cole Slaw Baked Beans Fresh Oranges Canned Fruit Choice (9-12)</p>	<p>10 Garlic Cheese Boat w/Marinara Sauce Corn Tossed Salad Fresh Apple Canned Fruit Choice (9-12)</p>
<p>13 Hamburger on a Bun Romaine & Tomato Oven Fries Baby Carrots Applesauce cup Fresh Fruit Choice (9-12)</p>	<p>14 Chicken Patty Mashed Potatoes & Gravy Fresh Broccoli Green Beans, Banana Valentine Cookie Canned Fruit Choice (9-12)</p>	<p>15 Yummy Sloppy Joe on a bun Oven Fries Baked Beans Fresh Apple Canned Fruit Choice (9-12)</p>	<p>16 Chicken Tetrizzini Garlic Bread Stick Tossed Salad Peas Peach Cup Fresh Fruit Choice (9-12)</p>	<p>17 Hot Dog on a Bun Tater Tots Fresh Broccoli Pear Cup Fresh Fruit Choice (9-12)</p>
<p>20 Chicken & Cheese Burrito Romaine & Tomato Corn Mandarin Orange Cup Tortilla Chips & Salsa (9-12) Fresh Fruit Choice (9-12)</p>	<p>21 Stromboli Tossed Salad Baby Carrots Fresh Banana Garlic Breadstick (9-12) Canned Fruit Choice (9-12)</p>	<p>22 Bosco Sticks Marinara Sauce Cup Fresh Broccoli Baby Carrots Applesauce Cup NOON DISMISSAL</p>	<p>23 Country Style Beef Sticks Mashed Potatoes & Gravy Steamed Broccoli Fresh Oranges Whole Wheat Roll & Jelly (6-12) Canned Fruit Choice (9-12)</p>	<p>24 Turkey & Cheese Sub Sandwich Romaine & Tomato Sweet Potato Fries Fresh Apple Canned Fruit Choice (9-12)</p>
<p>27 Cheddarwurst on a Bun Oven Fries Broccoli w/ Cheese Fresh Apples Canned Fruit Choice (9-12)</p>	<p>28 Chicken Wrap Spanish Brown Rice Romaine & Tomato Corn, Fresh Banana Oatmeal Cookie (9-12) Canned Fruit Choice (9-12)</p>			

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.