

LMCS Lunch Menu - August 2022



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>23</p> <p>Hamburger on a Bun Lettuce & Tomato Oven Fries Baby Carrots Banana Canned Fruit Choice (9-12)</p>	<p>24</p> <p>Chicken Tetrzzini Garlic Bread Stick Tossed Salad Peas Canned Peaches Fresh Fruit Choice (9-12)</p>	<p>25</p> <p>Sloppy Joe on a Bun Oven Fries Baked Beans Orange Slices Canned Fruit Choice (9-12)</p>	<p>26</p> <p>Cheese Pizza Broccoli Baby Carrots Apple Slices Canned Fruit Choice (9-12)</p>
<p>29</p> <p>Bean & Beef Burrito Romaine & Tomato Corn Salsa, Apple Slices Tortilla Chips (9-12) Canned Fruit Choice (9-12)</p>	<p>30</p> <p>Turkey & Cheese Sub Sandwich Lettuce & Tomato Sweet Potato Fries Banana Canned Fruit Choice (9-12)</p>	<p>31</p> <p>BBQ Chicken on a Bun Creamy Coleslaw Baked Beans Canned Mixed Fruit Royal Brownie (6-12) Fresh Fruit Choice (9-12)</p>	<p>1</p> <p>Super Nachos Tortilla Chips & Salsa Refried Beans Sidekick Cinnamon Puff (6-12) Fresh Fruit Choice (9-12)</p>	<p>2</p> <p>Hot Dog on a Bun Tater Tots Broccoli Apple Slice Canned Fruit Choice (9-12)</p>

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.