

LMCS Lunch Menu - May 2022



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Hot Ham & Cheese on a bun Mixed Fruit Potato Wedges Fresh Broccoli</p> <p>Fresh Fruit Choice (9-12)</p>	<p>3</p> <p>Chicken Patty Roll & Honey Mashed Potatoes & Gravy Steamed Broccoli Fresh Banana</p> <p>Fresh Fruit Choice (9-12)</p>	<p>4</p> <p>Taco Burger on a bun Salsa, Refried Beans Lettuce & Tomato Slices Fresh Oranges Tortilla Chips (6-12)</p> <p>Canned Fruit Choice (9-12)</p>	<p>5</p> <p>Spaghetti w/ meat sauce Garlic Bread Stick Tossed Salad Green Beans Fresh Apple</p> <p>Canned Fruit Choice (9-12)</p>	<p>6</p> <p>Garlic Cheese Bread w/ Marinara Sauce Tossed Salad Grape Tomatoes Sidekick</p> <p>Canned Fruit Choice (9-12)</p>
<p>9</p> <p>Orange Chicken Seasoned Brown Rice Asian Fresh Vegetables Grape Tomatoes, Celery Canned Pineapple</p> <p>Fresh Fruit Choice (9-12)</p>	<p>10</p> <p>Hot Dog on a Bun Tater Tots Fresh Carrots Fresh Banana</p> <p>Canned Fruit Choice (9-12)</p>	<p>11</p> <p>Super Nachos Refried Beans Corn Diced Pears</p> <p>Canned Fruit Choice (9-12)</p>	<p>12</p> <p>Macaroni & Cheese Meatballs, Green Beans Cucumber Slices Fresh Oranges Roll & Jelly (6-12)</p> <p>Canned Fruit Choice (9-12)</p>	<p>13</p> <p>BBQ Chicken Sandwich Creamy Coleslaw Baked Beans Fresh Apple</p> <p>Canned Fruit Choice (9-12)</p>
<p>16</p> <p>Sloppy Joe on a Bun Oven Fries Baked Beans Canned Mixed Fruit</p> <p>Fresh Fruit Choice (9-12)</p>	<p>17</p> <p>Chicken Tetrzzini Garlic Bread Stick Tossed Salad Peas Fresh Banana</p> <p>Fresh Fruit Choice (9-12)</p>	<p>18</p> <p>Hamburger on a Bun Lettuce & Tomato Slice Oven Fries Baby Carrots Sidekick</p> <p>Fresh Fruit Choice (9-12)</p>	<p>19</p> <p>Cheddarwurst on a Bun Smiley Fries Fresh Broccoli Fresh Apple Ice Cream Treat</p> <p>Canned Fruit Choice (9-12)</p>	<p>20</p> <p>Cheese Bosco Sticks w/ Marinara Sauce Corn Tossed Salad Sidekick</p> <p>Canned Fruit Choice (9-12)</p>
<p>23</p> <p>Bean & Beef Burrito Lettuce & Diced Tomato Corn, Salsa Fruit</p> <p>Tortilla Chips (9-12)</p> <p>Canned Fruit Choice (9-12)</p>	<p>24</p> <p>Turkey & Cheese Sub Sandwich Lettuce & Tomato Slice Sweet Potato Fries Fruit</p> <p>Fresh Fruit Choice (9-12)</p>			

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.