

LMCS Breakfast Menu - October



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | 1 Breakfast Bar Yogurt Fruit Juice Choice Milk Choice |
| 4 Cereal Toast Fruit Juice Choice Milk Choice | 5 Breakfast Pizza Fruit Juice Choice Milk Choice | 6 NO SCHOOL | 7 Egg/Cheese Biscuit Fruit Juice Choice Milk Choice | 8 Grape Uncrustable Yogurt Fruit Juice Choice Milk Choice |
| 11 Cereal Toast Fruit Juice Choice Milk Choice | 12 Pancake/Sausage on a Stick Fruit Juice Choice Milk Choice | 13 Cereal Toast Juice Choice Milk Choice | 14 Breakfast Burrito Fruit Juice Choice Milk Choice | 15 Egg/Cheese Omelet Muffin Yogurt Fruit Juice Choice Milk Choice |
| 18 Cereal Toast Fruit Juice Choice Milk Choice | 19 Cream Cheese Bagel Bites Fruit Juice Choice Milk Choice | 20 Cereal Toast Fruit Juice Choice Milk Choice | 21 Grape Jelly Uncrustable Yogurt Fruit Juice Choice Milk Choice | 22 Breakfast Pizza Fruit Juice Choice Milk Choice |
| 25 Cereal Toast Fruit Juice Choice Milk Choice | 26 Mini Waffles Sausage Apple Juice Choice Milk Choice | 27 Cereal Toast Fruit Juice Choice Milk Choice | 28 Egg/Cheese Biscuit Fruit Juice Choice Milk Choice | 29 Breakfast Link Muffin Yogurt Fruit Juice Choice Milk Choice |

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change