

LMCS Lunch Menu - January 2021



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Cheese Pizza Baby Carrots Fruit	5 Corn Dog Oven Fries Fruit	6 Sloppy Joe on a Bun Baked Beans Tri Tater Fruit	7 Chicken Wrap Tossed Salad Fruit	8 Pork Rib on a Bun Baby Carrots Fruit
11 Chicken Tetrazzini Garlic Breadstick Peas Fruit	12 Hot Ham and Cheese Oven Fries Fruit	13 Super Nachos Salsa Tossed Salad Fruit	14 Chicken Nuggets Mashed Potatoes and Gravy Fruit	15 Hot Dog on a Bun Tater Tots Fruit Noon Dismissal
18 Spaghetti Garlic Breadstick Green Beans Fruit	19 Biscuit with Sausage/Egg and Cheese Tri Tater Fruit	20 Ham & Cheese Sandwich Tossed Salad Fruit	21 Orange Chicken Seasoned Brown Rice Mixed Veggies Fruit	22 Pepperoni Pizza Baby Carrots Fruit
25 BBQ Chicken on a Bun Baked Beans Fruit	26 Biscuit & Gravy Sausage Patty Tater Tots Fruit	27 Cheese Pizza Tossed Salad Fruit	28 Toasted Turkey & Cheese Sandwich Baby Carrots Fruit	29 Hamburger on a Bun Oven Fries Sidekick

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.