

LMCS Lunch Menu - October 2020



Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Taco Burger on a Bun Salsa & Chips Refried Beans Fruit	2 Garlic Cheese Boats Marinara Sauce Cooked Carrots Fruit Apple Crisp
5 Mini Meatball Sub Ranch Potato Wedges Fruit	6 Biscuits & Gravy Sausage Patty Tater Tots Fruit	7 NO SCHOOL	8 Chicken Patty on a Bun Mashed Potatoes & Gravy Fruit	9 Toasted Turkey & Cheese Sandwich Fresh Baby Carrots Fruit
12 Pork Rib on a Bun Oven Fries Fruit	13 Cooks Choice (Breakfast for lunch) Fruit	14 Corn Dog Tater Tots Fruit Snickerdoodle Cookie	15 Orange Chicken Seasoned Brown Rice Mixed Vegetables Fruit	16 Pepperoni Pizza Tossed Salad Fruit
19 Hamburger on a Bun Oven Fries Fruit Apple Crisp	20 Chicken Nuggets Mashed Potatoes & Gravy Fruit	21 BBQ Chicken on a Bun Baked Beans Fruit	22 Super Nachos Salsa Refried Beans Fruit	23 Hot Dog on a Bun Oven Wedges Fruit
26 Hot Ham & Cheese Oven Fries Fruit	27 Chicken Tetrazaini Garlic Bread Stick Peas Fruit	28 BBQ Pork on a Bun Baked Beans Creamy Cole Slaw Fruit	39 Sausage Pizza Tossed Salad Fruit	30 Corn Dog Tater Tots Fruit Ice Cream Treat

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change

Reduced fat dressing is served with salads and fresh vegetables. All grain items are whole grain rich.