

LMCS Breakfast Menu - October



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Grape Jelly Uncrustable Fruit Juice Choice Milk Choice	2 Apple Cinnamon Fruit & Grain Bar Fruit Juice Choice Milk Choice
5 Cream Cheese Bagel Bites Fruit Juice Choice Milk Choice	6 Chocolate Muffin Apple Juice Choice Milk Choice	7 NO SCHOOL	8 Apple Cinnamon Fruit & Grain Bar Fruit Juice Choice Milk Choice	9 Coco Cereal Bar Fruit Juice Choice Milk Choice
12 Chocolate Muffin Apple Juice Choice Milk Choice	13 Cream Cheese Bagel Bites Fruit Juice Choice Milk Choice	14 Coco Cereal Bar Fruit Juice Choice Milk Choice	15 Grape Jelly Uncrustable Fruit Juice Choice Milk Choice	16 Apple Cinnamon Fruit & Grain Bar Fruit Juice Choice Milk Choice
19 Chocolate Muffin Apple Juice Choice Milk Choice	20 Cream Cheese Bagel Bites Fruit Juice Choice Milk Choice	21 Coco Cereal Bar Fruit Juice Choice Milk Choice	22 Grape Jelly Uncrustable Fruit Juice Choice Milk Choice	23 Apple Cinnamon Fruit & Grain Bar Fruit Juice Choice Milk Choice
26 Cream Cheese Bagel Bites Fruit Juice Choice Milk Choice	27 Chocolate Muffin Apple Juice Choice Milk Choice	28 Grape Jelly Uncrustable Fruit Juice Choice Milk Choice	29 Apple Cinnamon Fruit & Grain Bar Fruit Juice Choice Milk Choice	30 Coco Cereal Bar Fruit Juice Choice Milk Choice
"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER " Menus are subject to change				